All of the days of the week are masculine.
el lunes = on Monday (The el translates as on.)
Days of the week are not capitalized.

lunes Monday<br>martes Tuesday<br>miércoles Wednesday<br>jueves Thursday<br>viernes Friday<br>sàbado Saturday<br>domingo Sunday

Es lunes. It is Monday.
Es martes. It is Tuesday.
Es miércoles. It is Wednesday.

Voy a salir el lunes. I going to leave on Monday.
Voy a trabaar el sábado. I am going to work on Saturday.
Voy a descansar el domingo. I am going to rest on Sunday.

